

## Messages from Mr Butler

**Earring Policy** Please remember children are only permitted to wear small stud earrings to School. Hooped earrings are not permitted. For everyone's safety, earrings must be removed for PE lessons, please take them out at home or ensure that your child can remove them independently.

**Congratulations** to Amber, Cory and Eden-Rose, the winners of the Lucky Sticker event in the dining hall.



**Fund Raising** Thank you for ordering your child's School photos before Christmas, you helped raised **£286.51** in commission for School.

**Facebook** Do remember to take a look at the School's [Facebook](#) page.

## Praise

Children who gained badges and certificates in Praise assembly deserve our special congratulations:  
**22/01/2025**



### Key Stage One

RR Foxes	Evie
RB Hedgehogs	Maggie
1/2B Squirrels	Miyah
1/2D Moles	Dempsey
2W Badgers	Oliver E

### Key Stage Two

3/4B Elder	Alfie
3/4R Oak	Aaryan
4D Chestnut	Mia
5P Beech	Clara
5/6B Holly	Kaitlyn
6RB Rowan	Hollie

**29/01/2025**

### Key Stage One

RR Foxes	Codi
RB Hedgehogs	Max
1/2B Squirrels	Freddie D
1/2D Moles	Riley
2W Badgers	Kayla

### Key Stage Two

3/4B Elder	Rosalee
3/4R Oak	Lydia
4D Chestnut	James
5P Beech	Iyla H
5/6B Holly	Dylan
6RB Rowan	Azan

## Attendance

Last week's top attenders:

**KS1: 1/2D 95.83%**  
**KS2: 6RB 98.33%**

As a School we have a responsibility to monitor the attendance of all children in School. Attendance is vital to a child, children who have better attendance are proven to achieve more.

Place2Be's

CHILDREN'S MENTAL HEALTH WEEK

3-9 FEB 2025

Next week is Children's Mental Health Week. The week exists to empower, equip and give a voice to all children and

young people in the UK. This year's theme is **Know Yourself, Grow Yourself**, which will put a spotlight on how we can build resilience, grow and develop by understanding who we are and what makes us tick.

We will begin the week by asking the children to wear their own clothes (Monday 3rd February). These clothes will be a reflection of the children's style and personality and open up a conversation for similarities and differences. We will then dedicate Monday afternoon to lessons based on this theme and learn about what it means to know ourselves, why this is important and how it can help us grow. Finally, we will be carrying out daily activities linked to getting to know ourselves, and how we can grow as people by carrying out acts of kindness, to not only others, but ourselves too.

If you would like to know how you can get involved or more about the charity Places2Be then please visit the link below.

[www.childrensmentalhealthweek.org.uk/families/](http://www.childrensmentalhealthweek.org.uk/families/)

## Dates for the Diary

### Monday 3rd February

Children's Mental Health Week Mufti Day

### Wednesday 12th February

School Disco

### Friday 14th February

Break up for Half Term 3.15pm

### Monday 24th February

Return to School 8.45am

### Tuesday 4th March

Parent/Teacher Consultations

### Wednesday 5th March

Parent/Teacher Consultations

### Friday 11th April

Break up for Easter Holidays 3.15pm

## Menu\*

WC **03.02.25** (Week 2)



### Monday

Chicken Goujons  
Chicken Nuggets (H)  
Vegetable Lasagne (V)  
Fish Stars  
Potato Crunchies  
Sweetcorn and Carrots  
Mini Doughnut

### Yorkshire Pudding Tuesday

Pork Sausage  
Chicken Sausage (H)  
Vegetarian Sausage (V)  
Yorkshire Pudding  
Gravy  
Fish Fingers  
Mashed Potato  
Broccoli  
Cauliflower Cheese  
Apple Crumble and Custard  
Bread & Butter Pudding and Custard

### Wednesday

Big Breakfast (inc H and V choices)  
Fish Fingers  
Roast Potatoes  
Carrots and Cauliflower  
Chocolate Shortbread

### Thursday

Chicken Tikka Masala  
Quorn Burger (V)  
Fish Fingers  
Brown and White Rice  
Diced Potatoes  
Peas and Carrots  
Fruit Jelly

### Friday

Pizza Selection  
Cauliflower & Sweet Potato Curry (V)  
Battered Fish  
McCain Chips  
Sweetcorn and Baked Beans  
Apple Muffin

**All dinners must be booked through School Money the day before they are needed. Please contact the school office if you are having any issues.**

\* Subject to change

## Lunches from Home

If you are sending your child with a packed lunch, can we ask that you cut grapes, cherry tomatoes and similar in half please. Also, as a **nut free** school please do not send in Nutella sandwiches or any other nut products. Please do NOT send drinks in cans or glass bottles.

## EYFS News

It's been a lovely week, back in our lovely warm Nursery and Reception classrooms!

In Reception, we have been learning about Chinese New Year and the Year of the Snake!



The children enjoyed balance bikes in PE and we returned to Forest school on Friday!

Nursery parents, please could we politely request that when bringing and picking up your children, that you keep to the main paths and don't go onto the playgrounds. Please see your email for more information. Thank you.

## Tree Tots Toddler Group

Wednesdays 9.00 -11.00am



Toddlers is back every Wednesday term time. Mrs Manville and Miss Reynolds have lots of lovely activities planned.

Toys, activities, songs, stories and crafts available. Refreshments included — adults please bring a lidded cup!

## RBDC News

This week Conkers have been exploring and tasting different soups as part of their work on seasonal vegetables.



Acorns have started to learn about the traditional tale 'The Little Red Riding Hood'. As part of their learning, they are hoping to go on a walk around the woods on the school grounds.

Lots of RBDC children have visited the audiology and the implant centre over the past couple of weeks for different appointments. We are happy to see our families attending routine appointments as it means the children experience less issues with their audiological equipment in the long run. Thank you!



Our Star of the Week this week is Jeremy. He has been working very hard with Mr Hudson and he has made fantastic progress with his signed vocabulary since joining Ashwood RBDC. Well done, Jeremy!

## Signed Video:

Our sign of the week this week is 'family'. Please see the link below for different signs for people in your family:

<https://www.youtube.com/watch?v=rX96trN3WPI>

## KS2 News

Years 5 and 6 children have been learning about poetry. They have considered the structure of a haiku and have also written their own linked to the text we are reading - Kensuke's Kingdom.



Years 3 and 4 children have continued their work from last week and have written some fantastic non-chronological reports.

We have all also continued to enjoy our practical DT lessons. Years 5 and 6 automata toys are really starting to look impressive, and Years 3 and 4 children are



looking forward to their soup tasting and practising their chopping and peeling skills over the next few weeks.

## Safety Notice

Please note that false nails and hooped earrings are not safe for School. **Do not** send your child to School wearing either. Thank you.

### PE Lessons

- \* 5P - Monday—Swimming
- \* Years 3 and 4 - Friday
- \* Years 3 and 4 can come to school in their kit on **Thurs only**
- \* Years 5 and 6 can come to school in their kit on **Wed only**

### REMINDER

When the children come to school in their PE kit they must wear their yellow PE top, green shorts / black joggers and their green Ashwood Park jumper or cardigan. Hoodies and gilets are **not** permitted. Please support us to ensure that all of our children are in the correct uniform and feel part of our Ashwood Park team.

## KS1 News



This week we have been finding out all about international LEGO day. The children listened to a special assembly about the designer of Lego and how he created the super toy. They also listened to the challenge and competition they can do at home - 'Brick you Book'.

We have also been making some Chinese lanterns to celebrate Chinese New Year!



In English we have been using a short film to inspire our writing about butterflies.

Next week we will be continuing with our Maths work on multiplication and division.



**MULTIPLICATION DIVISION**

## Safety Notice

Please note that false nails and hooped earrings are not safe for School. **Do not** send your child to School wearing either. Thank you.

## Understanding your Child's Mental Health and Wellbeing

This is a free short course designed to [Understand your child: from toddler to teenager](#) or [Understand your child with additional needs](#).

It provides a deeper understanding of mental health for parents who might be concerned about mental wellbeing or just want to learn more about it.

<https://inourplace.heiapply.com/online-learning/course/56> Using the code CASTLE, they offer all of the below online learning courses for free including 'Understanding your child's mental health and wellbeing'.

## TT Rockstars

This weeks Rockstars are;

**1st** Emily 3/4R  
**2nd** Marnie 4D  
**3rd** Harry 4D

Well done to everyone

## Maths Problem

### Roly poly

The dots on opposite faces of a dice add up to 7.

- Imagine rolling one dice. The score is the total number of dots you can see. You score 17.



Which number is face down? How did you work out your answer?

- Imagine rolling two dice. The dice do not touch each other.



The score is the total number of dots you can see. Which numbers are face down to score 30?



**GLITTER AND GLOW DISCO**

"WEAR YOUR BRIGHTEST / GLITTERIEST CLOTHING!"

**WEDNESDAY 12TH FEBRUARY**

**REC/KS1 4:30—5:30pm**

**KS2\* 4:30—5:45pm**

Places must be booked by  
Monday 3rd February!

**£3.50**  
Snack and drink included

\* KS2 ONLY—Sweet Shop/ Glow Sticks/ Tattoos/ Coloured and Glitter hairspray.

**International**

**LEGO DAY**  
"Brick Your Book"

Children need to create something from lego linked to their favourite story. Entries need to be emailed to class email accounts by 4pm on Wednesday 12th February. Winning entries in each phase will be announced on Thursday 13th February.

**LOVE YOURSELF AND BE KIND TO YOUR MIND**

Learn ways to be kind to yourself and see the world in a more positive way!

**17th February & 20th February**  
1pm-3pm  
St Thomas's Church  
St Thomas' Parish Office  
Market Street  
Stourbridge  
DY8 1AQ  
Pay and display in the Ryemarket car park.

**18th February & 19th February**  
12:30pm-3:30pm  
DY1 Stafford Street  
DY1 1RT  
Pay and display parking is available opposite the venue.

**BOOKING IS ESSENTIAL!! TO ENSURE YOU SECURE A PLACE PLEASE EMAIL: BCHFT.REFLEXIONS@NHS.NET**

**Times Tables Rock Stars** is an award-winning maths learning platform where children can practise their times tables like a rock star!

Suitable for all learners aged 6 years and up, our question-based games automatically adapt to each child's unique learning needs, helping them to recall their times tables in record speed. Accessible on any device, via the app or browser, children can play anytime, anywhere.



### Children's Speech and Language Service (Dudley)

Advice for parents and carers can be found at:

<https://www.blackcountryhealthcare.nhs.uk/our-services/childrens-speech-and-language-therapy-service-dudley>

### Dudley's Special Educational Needs and Disabilities Bulletin

The Dudley Special Educational Needs and Disabilities e-bulletin's aim is to keep parent carers, education settings and stakeholders informed about Dudley's Special Educational Needs and Disabilities (SEND) Improvement Programme as well as news and events.

As a system we are working hard to improve our SEND offer across the borough. A lot is happening and we are gathering pace to better support our children, young people and families with SEND.

Our latest bulletin provides:

- updates of our improvement journey including our progress of our Delivering Better Value Programme in SEND
- SEND news from the Dudley Parent Carer Forum, Health, the council and partners
- details of useful events for parent carers and practitioners
- SEND Education Settings News which includes information about free SEND training Resources.

**Sign up now** [SEND Improvement Programme - September 2024 \(govdelivery.com\)](https://www.govdelivery.com) to receive this e-bulletin direct to your email inbox

### Health Choices

Dudley Public Health and Wellbeing is part of Dudley Council. We support and enable residents, families and communities to make positive lifestyle changes and improve your health and wellbeing.

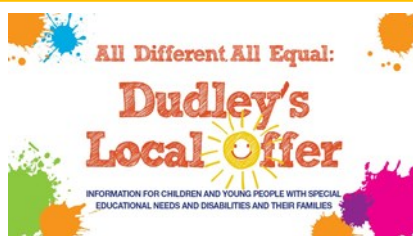
There is lots we can do as individuals to stay healthy and well in Dudley borough. This website is a one-stop place for up-to-date public health information and news, from pregnancy and early life to healthy ageing.

<https://healthydudley.co.uk/>

### Healthy Lunchboxes

The Healthy Lunchbox Resource is available to support children & families to make healthy, yummy and tooth friendly food choices for their children's lunchbox.

<https://healthydudley.co.uk/lunch/>



**Dudley's Local Offer** is a new one stop shop website for children and young people with special educational needs and disabilities (SEND) and their parents and carers.

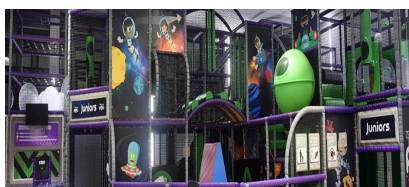
The website contain a wealth of up to date information on areas which include education, training and work, health, leisure and fun, care and moving into adulthood. The website aims to help young people and parents to make individual, informed, positive decisions and choices

The Dudley family hub network is a one-stop shop, offering advice and support for families in Dudley with children aged 0-19 (25 if the child has special educational needs and/or disabilities). It includes an online offer and five local family hubs.



The network includes key Start for Life services. These cover the period from conception to age two. Core Start for Life services such as midwifery, health visiting and early years support are included.

<https://www.dudley.gov.uk/residents/early-years-and-childcare/dudley-family-hub-network/>



### SEN Soft Play Sessions

Dudley leisure centres offer soft play sessions for children with SEN:

**At Duncan Edwards Leisure Centre**, there is a SEN soft play session **every Wednesday from 5.00pm - 6.00pm**

**At Halesowen**, there is a SEN soft play session **every Monday from 4.30pm - 6.00pm**.

Both sessions are suitable for children under 11 years of age with disabilities, special educational needs, ASD and their siblings.

**New Sensory Room at Coseley Family Hub** Parents and carers can now book time in a NEW sensory room at the local family hub in Coseley. The FREE space is bookable for between 30min to an hour and gives the chance for children of all ages to explore a range of sensory activities with their parents/carers.

The sessions are self-led but staff will be on hand to support or answer any questions. To book call the hub on 01384 813096.

### **Parent Carer Forum Update:**

Aiming for Brighter Futures



Dudley Parent carer Forum welcome registrations for membership from parent/carers and also offer associate memberships to wider family members or practitioners working within Dudley. Joining up means you will be kept up to date on all the latest news, information and events doing on in Dudley. Parents/Carers will also receive a FREE gift when they sign up!

[Sign Up Here](#)

### **Integrated Early Years Service Parent Support Group**



This group offers support to parents and carers of children with a range of additional needs. It provides supportive environment to engage with your child, and also to gain practical advice for everyday routines.

[See More Details Here](#)

### Dudley Parents

There is a one stop shop for parents in the Dudley Borough offering support and information . You can gain free access to guidance and support over a range of topics for parents including First 1001 Days as a Parent, DadPad, Five to Thrive, Solihull Approach, Triple P, Parents in Conflict, The Henry Approach.

[www.dudleyparents.co.uk/home](http://www.dudleyparents.co.uk/home)

### **DudleyParents**

### Urgent Plea

The Kids Clothes Project has been running for 4 years and has so far helped over 1500 children in families in need across the Black Country, including some from Ashwood Park. They are in **desperate** need of jumpers; T-shirts, trousers, new underwear, shoes, coats, pyjamas, dresses, swimwear, books and soft toys if you have any items spare.

There is a donation bin for The Kids Clothes project in our School Reception so please donate what you can. Many thanks.



### Happier Minds

Whether you are a young person, a parent/ carer or a professional working with young people we hope this site will be helpful to you and those you care about.

<https://happierminds.org.uk/>



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Sticks/ Tattoos/ Coloured and  
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Spring 2025

# Health & Wellbeing Update



## for children and families in Dudley

 Funded by  
UK Government

### Household Support Fund

The Household Support Fund is available in Dudley borough

#### Who?

Anyone who is struggling to pay for food, fuel, or other household essentials (*subject to eligibility criteria*)

#### How?

Find out who can get help and how to apply at [www.dudley.gov.uk/householdsupportfund](http://www.dudley.gov.uk/householdsupportfund)



### Dudley's Community Toothbrush Scheme

Dudley's Community Toothbrush Scheme provides free toothbrush packs to children and families in need in Dudley borough. For more information about the scheme scan the QR code to visit [Healthy Dudley](#).



SCAN ME



### PHASES FREE gym-based physical activity programme\*

"Once my Dad started doing exercise with me at Phases, Action Heart, I gained confidence in the gym and started to try my hardest to get back to the sports and activities I enjoyed before. The environment of the gym was very welcoming and pleasant, unlike other gyms. Phases has really boosted my confidence and allowed me to do activities I couldn't do before with my friends." – Phases participant, age 15. Find out more about the free gym-based physical activity programme for 11 – 16 year olds by scanning the QR code to visit [Healthy Dudley](#).



SCAN ME

### Starting Well

The Starting Well section of the Healthy Dudley website has lots of information to support healthy pregnancy, infancy, childhood and adolescent health, up to age 19. Scan the QR code to visit [Healthy Dudley](#).



SCAN ME



### Park Active and Healthy Hubs – winter programmes

Scan the QR code to visit [Healthy Dudley](#) to find out about free local activities to help you move more and get active



SCAN ME

### Managing winter illnesses and keeping up-to-date with vaccinations

Get advice on when to keep your child off school if they are unwell and information on immunisations which help to protect everyone, at every age.

To read the full update scan the QR code to visit [Healthy Dudley](#).



SCAN ME

# CAMHS Parent/Carer Workshops

*Come and join our Parent/Carer Workshops, run by Black Country CAMHS services (on Zoom for 1.5hours)! Groups held 12pm - 1.30pm.*

We know that suffering from mental health difficulties does not only affect the person struggling, but also the family around them. Parenting a child/young person with mental health difficulties can create additional challenges for parents.

We are running workshops exploring a range of difficulties that children/young people may experience, that can impact their emotional wellbeing.

10.07.24- Trauma and Attachment

11.09.24 - Autistic Spectrum Conditions

23.10.24 – Speech and Language

20.11.24- Depression / Low Mood

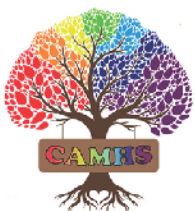
18.12.24 – Anxiety / OCD

15.01.25 – Self-harm

12.02.25– Anger / Conduct difficulties

12.03.25 – Anxiety

To register your interest telephone **Andrea Ehgartner** on **01922 607400**



bchft\_camhs



@CAMHS\_BCHFT



www.blackcountryminds.com

**Dudley SENDIAS Service is hosting a series of SEND Workshops**

**Dudley SENDIAS Service offers information, advice and support on all matters relating to SEN and disabilities including health and social care to parents and carers of children with SEND and Young People with SEND up to 25 years old.**

**Are you**

- A parent/carer of a child with SEND?
- A young person with SEND?
- Concerned about the support that is in place to help your child in school/college?

**To book on to a workshop contact us at [dudley.sendiass@dudley.gov.uk](mailto:dudley.sendiass@dudley.gov.uk)**

**Dudley SENDIAS Service Website**

**<http://dudleysendiass.org.uk/>**

**Spring Term 2025 10am – 11.30am on MS Teams**

**Understanding how to access SEN support within settings**

- Thursday 23<sup>rd</sup> January 2025
- Friday 21<sup>st</sup> March 2025

**Understanding the EHCP request process**

- Friday 31<sup>st</sup> January 2025
- Monday 31<sup>st</sup> March 2025

**How to check a draft plan**

- Monday 10<sup>th</sup> February 2025

**Preparing and process for annual review**

- Wednesday 5<sup>th</sup> March 2025

**Preparation for key transitions**

- Thursday 13<sup>th</sup> March 2025



**How can we help?**

- Individual casework
- Preparing, supporting and attending meetings
- Help with writing letters and completing forms
- Help to understand what support can be offered to a child or young person with SEN and/or a disability without an education health care plan in place. This could be in an early years, school or further education setting
- Support to parents and young people during an education health care assessment
- Access to an independent supporter if requested - this is subject to availability
- Advice and support in relation to appeals to the SEN and disability tribunal
- Help if things go wrong and advice on complaints relating to SEN and/or disabilities including those related to health and social care
- Help if your child is excluded
- Providing support to manage mediation
- Explaining the disagreement resolution process
- Access to training and workshops

**For more information contact:**

**Dudley SEND information, advice and support service**

An answering machine is in operation, please leave a message and we will return your call.

Tel: 07900 161363

Tel: 01384 817373

E-mail: [dudley.sendiass@dudley.gov.uk](mailto:dudley.sendiass@dudley.gov.uk)

Web: [www.dudley.gov.uk/dudleysendiass](http://www.dudley.gov.uk/dudleysendiass)



**Dudley special educational needs and disability information, advice and support service (SENDIASS)**

*(formerly Dudley Parent Partnership Service)*

If you're a parent or carer of a child or young person with special educational needs (SEN) or a disability, or a child or young person up to the age of 25 with special educational needs or a disability, we can help you.

We provide legally based advice, information and support on all matters relating to SEN and disabilities including health and social care issues.

- **Free**
- **Impartial**
- **Confidential**



# Free School Meals

If you receive any of the following support payments your child may be entitled to Free School Meals

- Income Support
- Income-based Jobseekers Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of State Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit Run-on – paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit

If you currently receive free school meals but have now moved into the area, you will need to complete a new Free School Meals Application form

If you wish to apply for Free School Meals, please go to

[www.dudley.gov.uk/resident/your-council/council-tax-and-benefits/benefits/free-school-meals](http://www.dudley.gov.uk/resident/your-council/council-tax-and-benefits/benefits/free-school-meals)

If you need further information, you can contact the Free School Meals Team by:



Telephone -01384 814988



Email – [freeschoolmeals.benefits@dudley.gov.uk](mailto:freeschoolmeals.benefits@dudley.gov.uk)



Visiting – Dudley Council Plus, Castle Street, Dudley  
between 8.30am and 5pm Monday to Friday, 9am and 12 noon Saturday



YOGABRIDGES  
PRESENTS

BRITISH WHEEL OF YOGA CERTIFIED

SUITABLE FOR ALL LEVELS OF ABILITY



**EVERY THURSDAY | START AT 7.30PM**

*Ashwood Park Primary School, Bells Lane, Wordsley, Stourbridge, DY8 5DJ*

**£9 / CLASS OR 10% DISCOUNT FOR FULL TERM**

**FOR BOOKINGS AND ENQUIRIES PLEASE CALL OR EMAIL JAN:**

07764 404975 | [janetcooper@blueyonder.co.uk](mailto:janetcooper@blueyonder.co.uk) | [www.facebook.com/yogawithjan](https://www.facebook.com/yogawithjan)