

7th February 2025

Newsletter No. 20

Tel: 01384 818545 info@ashwood.dudley.sch.uk

Article 28 Every child has the right to an education

Messages from Mr Butler

Mental Health Week We have focused on thoughts and feelings this week and it was great to see the children's personalities reflected in their choice of clothes on Monday.

School Disco I hope you have bought your tickets for the Glitter and Glow disco next Wednesday. I am sure it will be a fantastic event.

Parent/Teacher Consultations Please note that when these take place on the 4th and 5th of March we will also have our Scholastic Book Fair at School. All purchases earn commission for the School.

Earring Policy Please remember children are only permitted to wear small stud earrings to School. Hooped earrings are not permitted. For everyone's safety, earrings must be removed for PE lessons, please take them out at home or ensure that your child can remove them independently.

Praise Assembly

Children who gained badges and certificates deserve our special congratulations:



05/02/2025

Key Stage One

RR Foxes	Arlo
RB Hedgehogs	Hazel
1/2B Squirrels	Isaac
1/2D Moles	Brooke
2W Badgers	Maisy

Key Stage Two

3/4B Elder	Amaar
3/4R Oak	Jax
4D Chestnut	Lillianna
5P Beech	Paige
5/6B Holly	Riley
6RB Rowan	Lily-Mai

Attendance

Last week's top attenders:

KS1: 1/2B 99.09%
KS2: 4D 95.00%

As a School we have a responsibility to monitor the attendance of all children in School. Attendance is vital to a child, children who have better attendance are proven to achieve more.

[Fines for parents for taking children out of school: What you need to know – The Education Hub](#)

Dates for the Diary

Wednesday 12th February

School Disco

Friday 14th February

Break up for Half Term 3.15pm

Monday 24th February

Return to School 8.45am

Tuesday 4th March

Parent/Teacher Consultations

Wednesday 5th March

Parent/Teacher Consultations

Friday 28th March

Easter PTA Events

Thursday 10th April

Break up for Easter Holidays 3.15pm

Friday 11th April

INSET Day

Monday 28th April

Return to School 8.45am

Friday 2nd May

INSET Day

Friday 23rd May

Break up for Half Term 3.15pm

Monday 2nd June

Return to School 8.45am

Health Week inc Sports Days

Thursday 5th June

PTA Sponsored Event

Wednesday 18th June

Y6 Children go to Pioneer

Friday 20th June

Y6 Children return from Pioneer

Wednesday 2nd July

INSET Day

Friday 18th July

Break up for Summer Holidays 3.15pm

Monday 21st July

INSET Day

Sports News

Girls Football

The Girls' Football Team was in action again on Monday. The team travelled to Summerhill School to participate in their next round of league fixtures. Each member of the team demonstrated determination and spirit, and it was wonderful to see them smiling at the end of the evening. A special mention goes to Scarlett R, who scored her first goal for the team with the final kick of the match.



Year 5/ 6 Sport Hall Athletics

To round off a busy week in sports, a group of boys and girls from Year 5 and Year 6 will be competing in a Sports Hall Athletics Competition on Friday 7th February 2025, at Ellowes Hall School. We wish them the best of luck and will provide a full report on their performances next week.



Menu*

WC 10.02.25 (Week 3)



Monday

Pizza Naan

Quorn Dippers (V)

Fish Fingers

Potato Crunchies

Baked Beans and Carrots

Waffle

Tuesday

Mac & Cheese (V)

Fish Stars

Garlic Bread

Potato Wedges

Sweetcorn and Peas

Hot Chocolate Sponge and Custard

Random Acts of Kindness Day

Cheery Chicken Goujons

Brilliant Veg & Bean Burger (V)

Fish Cake

Perfect Potato Wedges

Generous Green Beans

Charming Carrots

Cute Cupcake Cake

Mixed Fruit Jelly

Thursday

Chicken in a Bun

Cheese and Onion Roll (V)

Fish Fingers

Diced Potatoes

Sweetcorn and Carrots

Shortbread Selection

Friday

Pizza Selection

Veggie Burrito (V)

Battered Fish

McCain Chips

Sweetcorn and Green Beans

Fruit Sorbet

Available Every Day

Jacket potato, sandwich, cheese, tuna or ham filling, salad, crusty bread, fresh fruit,

All dinners must be booked through School Money the day before they are needed. Please contact the school office if you are having any issues.

*** Subject to change**

Lunches from Home

If you are sending your child with a packed lunch, can we ask that you cut grapes, cherry tomatoes and similar in half please. Also, as a **nut free** school please do not send in Nutella sandwiches or any other nut products. Please do NOT send drinks in cans or glass bottles.

EYFS News

This week has been Children's Mental Health Week and in Early Years the children have taken part in activities that encourage them to think and talk about their feelings.



Nursery have enjoyed getting back outside and exploring in Forest School. This will take place every week, please ensure your child is dressed appropriately on Forest School days.



In Reception the children have been learning all about homes and have enjoyed looking at where they live on [Google Maps](#).

Tree Tots Toddler Group

Wednesdays 9.00 -11.00am



Mrs Manville and Miss Reynolds have lots of lovely activities planned.

Toys, activities, songs, stories and crafts available. Refreshments included – adults please bring a lidded cup!

KS1 News

This week we have been creating 3D sculptures and pictures in Art. We used the Chinese New Year as inspiration to make a range of snake pictures -using cutting and folding techniques from the last few weeks.



We have also been writing the Diary of a Butterfly Explorer! We did some role play and acting to make sure we got the feel and emotions just right!

Next week we are looking forward to starting a new book- 'How to Hide a Lion' by Helen Stephens.



The children are also excited to come to the Glitter and Glow disco next week!!

Safety Notice

Please note that false nails and hooped earrings are not safe for School. **Do not** send your child to School wearing either. Thank you.

RBDC News

There has been lots of fun learning in the RBDC again this week!

Acorns Class have been using signed adjectives to describe story characters and Conkers Class are writing their own diary entries.



Our Star of the Week this week is Luna. Luna only joined Ashwood Park RBDC a couple of weeks ago and she is doing so well already! Miss Thompson reports that she is confident and using two words to ask for things she needs. Well done Luna!

On Friday this week some of the Year 5/6 children are attending an athletics competition at Ellowes Hall. One of the RBDC children, Lexi, will be joining them. Good luck to you all!

Signed Video:

Our BSL Club's focus this week is 'clothes'. Please see the video below to learn more about how we sign different items of clothing.

<https://www.youtube.com/watch?v=J8PJ9o0Upu4>



KS2 News

This week has been Children's Mental Health Week. This year's theme is 'Know Yourself, Grow Yourself'. The children have been thinking about how important it is to know things about ourselves - what makes us happy? Sad? Anxious? What things do we most enjoy doing? These are all really good things to talk about at home too. Find out more at <https://www.childrensmentalhealthweek.org.uk/>



Our year 5 and 6 children have also participated in a workshop held by [Phase Trust](#).



Please can all of our year 3 and 4 families encourage their child to play [TT Rockstars](#) regularly at home.

Safety Notice

Please note that false nails and hooped earrings are not safe for School. **Do not** send your child to School wearing either. Thank you.

PE Lessons

- * 4D - Monday—Swimming
- * Years 3 and 4 - Friday
- * Years 3 and 4 can come to school in their kit on **Thurs only**
- * Years 5 and 6 can come to school in their kit on **Wed only**

REMINDER

When the children come to school in their PE kit they must wear their yellow PE top, green shorts / black joggers and their green Ashwood Park jumper or cardigan. Hoodies and gilets are **not** permitted. Please support us to ensure that all of our children are in the correct uniform and feel part of our Ashwood Park team.

You can buy the Ashwood Park Primary School PE Kit from [Totally Uniform](#) in Kingswinford.

Maths Problem

Dan the detective

1. Dan the detective looked for a number. He found a two-digit number less than 50. The sum of its digits was 12. Their difference was 4. What number did Dan find?



2. Dan found a two-digit odd number. One of its digits was half the other. The number was greater than 50. What number did Dan find?

Understanding your Child's Mental Health and Wellbeing



This is a free short course designed to [Understand your child: from toddler to teenager](#) or [Understand your child with additional needs](#).

It provides a deeper understanding of mental health for parents who might be concerned about mental wellbeing or just want to learn more about it.

<https://inourplace.heiapply.com/online-learning/course/56> Using the code CASTLE, they offer all of the below online learning courses for free including 'Understanding your child's mental health and wellbeing'.

TT Rockstars

This weeks Rockstars are;

- 1st Joby-Jai 3/4H
- 2nd Keira 4D
- 3rd Alfie 3/4R

Well done to everyone

GLITTER AND GLOW DISCO

"WEAR YOUR BRIGHTEST / GLITTERIEST CLOTHING!"

WEDNESDAY 12TH FEBRUARY

REC/KS1 4:30—5:30pm

KS2* 4:30—5:45pm

Places must be booked by
Monday 3rd February!

£3.50
Snack and drink included



* KS2 ONLY—Sweet Shop/ Glow Sticks/ Tattoos/ Coloured and Glitter hairspray.


International

LEGO DAY
"Brick Your Book"

Children need to create something from lego linked to their favourite story. Entries need to be emailed to class email accounts by 4pm on Wednesday 12th February. Winning entries in each phase will be announced on Thursday 13th February.

Times Tables Rock Stars
is an award-winning maths learning platform where children can practise their times tables like a rock star!

Suitable for all learners aged 6 years and up, our question-based games automatically adapt to each child's unique learning needs, helping them to recall their times tables in record speed. Accessible on any device, via the app or browser, children can play anytime, anywhere.



LOVE YOURSELF AND BE KIND TO YOUR MIND

Learn ways to be kind to yourself and see the world in a more positive way!

17th February & 20th February
1pm-3pm
St Thomas's Church
St Thomas' Parish Office
Market Street
Stourbridge
DY8 1AQ
Pay and display in the Ryemarket car park.

18th February & 19th February
12:30pm-3:30pm
DY1 Stafford Street
DY1 1RT
Pay and display parking is available opposite the venue.

BOOKING IS ESSENTIAL!! TO ENSURE YOU SECURE A PLACE PLEASE EMAIL: BCHFT.REFLEXIONS@NHS.NET



Children's Speech and Language Service (Dudley)

Advice for parents and carers can be found at:

<https://www.blackcountryhealthcare.nhs.uk/our-services/childrens-speech-and-language-therapy-service-dudley>

Dudley's Special Educational Needs and Disabilities Bulletin

The Dudley Special Educational Needs and Disabilities e-bulletin's aim is to keep parent carers, education settings and stakeholders informed about Dudley's Special Educational Needs and Disabilities (SEND) Improvement Programme as well as news and events.

As a system we are working hard to improve our SEND offer across the borough. A lot is happening and we are gathering pace to better support our children, young people and families with SEND.

Our latest bulletin provides:

- updates of our improvement journey including our progress of our Delivering Better Value Programme in SEND
- SEND news from the Dudley Parent Carer Forum, Health, the council and partners
- details of useful events for parent carers and practitioners
- SEND Education Settings News which includes information about free SEND training Resources.

Sign up now [SEND Improvement Programme - September 2024 \(govdelivery.com\)](https://www.govdelivery.com) to receive this e-bulletin direct to your email inbox

Health Choices

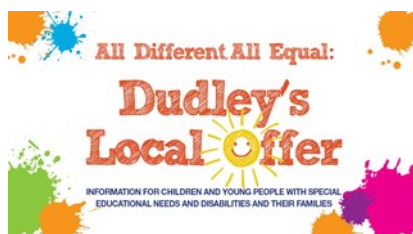
Dudley Public Health and Wellbeing is part of Dudley Council. We support and enable residents, families and communities to make positive lifestyle changes and improve your health and wellbeing. There is lots we can do as individuals to stay healthy and well in Dudley borough. This website is a one-stop place for up-to-date public health information and news, from pregnancy and early life to healthy ageing.

<https://healthydudley.co.uk/>

Healthy Lunchboxes

The Healthy Lunchbox Resource is available to support children & families to make healthy, yummy and tooth friendly food choices for their children's lunchbox.

<https://healthydudley.co.uk/lunch/>



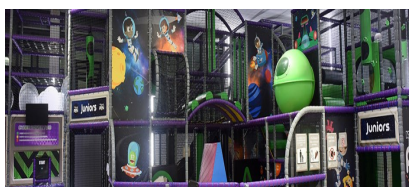
Dudley's Local Offer is a new one stop shop website for children and young people with special educational needs and disabilities (SEND) and their parents and carers.

The website contain a wealth of up to date information on areas which include education, training and work, health, leisure and fun, care and moving into adulthood. The website aims to help young people and parents to make individual, informed, positive decisions and choices

The Dudley family hub network is a one-stop shop, offering advice and support for families in Dudley with children aged 0-19 (25 if the child has special educational needs and/or disabilities). It includes an online offer and five local family hubs.



The network includes key Start for Life services. These cover the period from conception to age two. Core Start for Life services such as midwifery, health visiting and early years support are included. <https://www.dudley.gov.uk/residents/early-years-and-childcare/dudley-family-hub-network/>



SEN Soft Play Sessions

Dudley leisure centres offer soft play sessions for children with SEN:

At Duncan Edwards Leisure Centre, there is a SEN soft play session **every Wednesday from 5.00pm - 6.00pm**

At Halesowen, there is a SEN soft play session **every Monday from 4.30pm - 6.00pm**.

Both sessions are suitable for children under 11 years of age with disabilities, special educational needs, ASD and their siblings.

New Sensory Room at Coseley Family Hub Parents and carers can now book time in a NEW sensory room at the local family hub in Coseley. The FREE space is bookable for between 30min to an hour and gives the chance for children of all ages to explore a range of sensory activities with their parents/carers.

The sessions are self-led but staff will be on hand to support or answer any questions. To book call the hub on 01384 813096.

Parent Carer Forum Update:

Aiming for Brighter Futures



Dudley Parent carer Forum welcome registrations for membership from parent/carers and also offer associate memberships to wider family members or practitioners working within Dudley. Joining up means you will be kept up to date on all the latest news, information and events doing on in Dudley. Parents/Carers will also receive a FREE gift when they sign up!

[Sign Up Here](#)

Integrated Early Years Service Parent Support Group



This group offers support to parents and carers of children with a range of additional needs. It provides supportive environment to engage with your child, and also to gain practical advice for everyday routines.

[See More Details Here](#)

Dudley Parents

There is a one stop shop for parents in the Dudley Borough offering support and information . You can gain free access to guidance and support over a range of topics for parents including First 1001 Days as a Parent, DadPad, Five to Thrive, Solihull Approach, Triple P, Parents in Conflict, The Henry Approach.

www.dudleyparents.co.uk/home

DudleyParents

Urgent Plea

The Kids Clothes Project has been running for 4 years and has so far helped over 1500 children in families in need across the Black Country, including some from Ashwood Park. They are in **desperate** need of jumpers; T-shirts, trousers, new underwear, shoes, coats, pyjamas, dresses, swimwear, books and soft toys if you have any items spare.

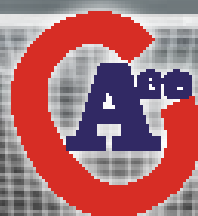
There is a donation bin for The Kids Clothes project in our School Reception so please donate what you can. Many thanks.



Happier Minds

Whether you are a young person, a parent/ carer or a professional working with young people we hope this site will be helpful to you and those you care about.

<https://happierminds.org.uk/>



**ACE COACHING
PRESENTS**

FEBRUARY HALF TERM FOOTBALL & INVASION GAMES

WHEN

**MONDAY 17TH -
FRIDAY 21ST FEBRUARY**

Open to boys & girls - Reception to Year 6
Please enquire if your child is 4 years old as
session times may differ.

(focusing on the sports Football, Dodgeball
and Handball)

WHERE

**CRESTWOOD SCHOOL,
Bromley Lane,
Kingswinford, DY6 8QG**

COST

**ONLY £120 IF YOU BOOK ALL WEEK
OR £30 PER DAY**

TIME

Each day 9.00am - 3.00pm

ACE OFFER 1

Bookings & payment received by
Friday 14th February will receive a
£20 DISCOUNT!
Offer only applies when booking
a full week on an Ace Coaching
football & invasion games
course.

ACE OFFER 2

Bookings & payment received by
Friday 14th February
will receive a 10% discount on
all Ace Coaching football & invasion
games courses. This offer is only
available to those who book
through the ACE website.

ACE OFFER 3

Book three days
FOR ONLY £75
This offer is available on all Ace
Coaching football & invasion
games courses.

Spring 2025

Health & Wellbeing Update



for children and families in Dudley

 Funded by
UK Government

Household Support Fund

The Household Support Fund is available in Dudley borough

Who?

Anyone who is struggling to pay for food, fuel, or other household essentials (*subject to eligibility criteria*)

How?

Find out who can get help and how to apply at www.dudley.gov.uk/householdsupportfund



Starting Well

The Starting Well section of the Healthy Dudley website has lots of information to support healthy pregnancy, infancy, childhood and adolescent health, up to age 19. Scan the QR code to visit [Healthy Dudley](#).



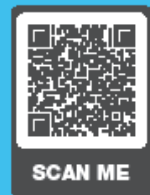
Park Active and Healthy Hubs – winter programmes

Scan the QR code to visit [Healthy Dudley](#) to find out about free local activities to help you move more and get active



Dudley's Community Toothbrush Scheme

Dudley's Community Toothbrush Scheme provides free toothbrush packs to children and families in need in Dudley borough. For more information about the scheme scan the QR code to visit [Healthy Dudley](#).



PHASES FREE gym-based physical activity programme*

"Once my Dad started doing exercise with me at Phases, Action Heart, I gained confidence in the gym and started to try my hardest to get back to the sports and activities I enjoyed before. The environment of the gym was very welcoming and pleasant, unlike other gyms. Phases has really boosted my confidence and allowed me to do activities I couldn't do before with my friends." – Phases participant, age 15. Find out more about the free gym-based physical activity programme for 11 – 16 year olds by scanning the QR code to visit [Healthy Dudley](#).



Managing winter illnesses and keeping up-to-date with vaccinations

Get advice on when to keep your child off school if they are unwell and information on immunisations which help to protect everyone, at every age.

To read the full update scan the QR code to visit [Healthy Dudley](#).



CAMHS Parent/Carer Workshops

Come and join our Parent/Carer Workshops, run by Black Country CAMHS services (on Zoom for 1.5hours)! Groups held 12pm - 1.30pm.

We know that suffering from mental health difficulties does not only affect the person struggling, but also the family around them. Parenting a child/young person with mental health difficulties can create additional challenges for parents.

We are running workshops exploring a range of difficulties that children/young people may experience, that can impact their emotional wellbeing.

10.07.24- Trauma and Attachment

11.09.24 - Autistic Spectrum Conditions

23.10.24 – Speech and Language

20.11.24- Depression / Low Mood

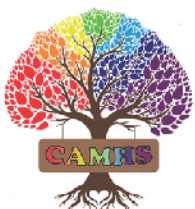
18.12.24 – Anxiety / OCD

15.01.25 – Self-harm

12.02.25– Anger / Conduct difficulties

12.03.25 – Anxiety

To register your interest telephone **Andrea Ehgartner** on **01922 607400**



bchft_camhs



@CAMHS_BCHFT



www.blackcountryminds.com

Dudley SENDIAS Service is hosting a series of SEND Workshops

Dudley SENDIAS Service offers information, advice and support on all matters relating to SEN and disabilities including health and social care to parents and carers of children with SEND and Young People with SEND up to 25 years old.

Are you

- A parent/carer of a child with SEND?
- A young person with SEND?
- Concerned about the support that is in place to help your child in school/college?

To book on to a workshop contact us at
dudley.sendiass@dudley.gov.uk

Dudley SENDIAS Service Website
<http://dudleysendiass.org.uk/>

Spring Term 2025 10am – 11.30am on MS Teams

Understanding how to access SEN support within settings

- Thursday 23rd January 2025
- Friday 21st March 2025

Understanding the EHCP request process

- Friday 31st January 2025
- Monday 31st March 2025

How to check a draft plan

- Monday 10th February 2025

Preparing and process for annual review

- Wednesday 5th March 2025

Preparation for key transitions

- Thursday 13th March 2025



How can we help?

- Individual casework
- Preparing, supporting and attending meetings
- Help with writing letters and completing forms
- Help to understand what support can be offered to a child or young person with SEN and/or a disability without an education health care plan in place. This could be in an early years, school or further education setting
- Support to parents and young people during an education health care assessment
- Access to an independent supporter if requested - this is subject to availability
- Advice and support in relation to appeals to the SEN and disability tribunal
- Help if things go wrong and advice on complaints relating to SEN and/or disabilities including those related to health and social care
- Help if your child is excluded
- Providing support to manage mediation
- Explaining the disagreement resolution process
- Access to training and workshops

For more information contact:

Dudley SEND information, advice and support service

An answering machine is in operation, please leave a message and we will return your call.

Tel: 07900 161363

Tel: 01384 817373

E-mail: dudley.sendiass@dudley.gov.uk

Web: www.dudley.gov.uk/dudleysendiass



Dudley special educational needs and disability information, advice and support service (SENDIASS)

(formerly Dudley Parent Partnership Service)

If you're a parent or carer of a child or young person with special educational needs (SEN) or a disability, or a child or young person up to the age of 25 with special educational needs or a disability, we can help you.

We provide legally based advice, information and support on all matters relating to SEN and disabilities including health and social care issues.

- Free
- Impartial
- Confidential

Free School Meals

If you receive any of the following support payments your child may be entitled to Free School Meals

- Income Support
- Income-based Jobseekers Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of State Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit Run-on – paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit

If you currently receive free school meals but have now moved into the area, you will need to complete a new Free School Meals Application form

If you wish to apply for Free School Meals, please go to

www.dudley.gov.uk/resident/your-council/council-tax-and-benefits/benefits/free-school-meals

If you need further information, you can contact the Free School Meals Team by:



Telephone -01384 814988



Email – freeschoolmeals.benefits@dudley.gov.uk



Visiting – Dudley Council Plus, Castle Street, Dudley
between 8.30am and 5pm Monday to Friday, 9am and 12 noon Saturday



YOGABRIDGES
PRESENTS

BRITISH WHEEL OF YOGA CERTIFIED

SUITABLE FOR ALL LEVELS OF ABILITY



EVERY THURSDAY | START AT 7.30PM

Ashwood Park Primary School, Bells Lane, Wordsley, Stourbridge, DY8 5DJ

£9 / CLASS OR 10% DISCOUNT FOR FULL TERM

FOR BOOKINGS AND ENQUIRIES PLEASE CALL OR EMAIL JAN:

07764 404975 | janetcooper@blueyonder.co.uk | www.facebook.com/yogawithjan